

***“Some men see things as they are and say why. I dream things  
that never were and say, why not.”  
Robert F. Kennedy***

### **MUSINGS OF THE PRESIDENT**

The Blue Ridge Chapter has been in existence for five years. When the idea struck me to begin the chapter, there was an enthusiastic core of nurses: Shelia Rice, Martha Anderson, Jane Anderson, Jill Bass and myself. Some have remained officers while others have continued to maintain membership.

WE NEED TO BE REVITALIZED! Martha Anderson, Sara Gilbert and I are literally “running on empty.” Our first meeting following our annual program in the spring will be on August 17, 2006 at 6:00 p.m. Come join us at the Roanoke Higher Education Center for a program on *Nutrition - More Than Just Food*.

A box supper will be provided at a cost of \$10.00 each. Think about being more involved, working on membership and providing for a possible partnership (at least a once a year program) with Virginia Directors of Nursing Association in LTC (VADONA). We are all singing from the same notes.

Let me know if you plan to attend at [vburggraf2@radford.edu](mailto:vburggraf2@radford.edu) or at 540-831-7714. The box supper needs to be ordered. Lets start anew and energize our chapter with new officers. Yes, the present officers will phase out gradually and assist in programs.

Thank you for listening.

Ginger Burggraf, DNS, RN, FAAN  
President

## MEMBERSHIP

We have only approximately 40 members and should be able to boast of more! Enclosed are 2 applications; 1 to NGNA and 1 to BRC. You can pass them on to a colleague or student. If you are already an NGNA member, you are automatically a BRC member. One may also chose to be a BRC member only. Please take the time to interest others.



### BI-MONTHLY PROGRAM(S)

? **August 17, 2006 at 6:00 PM**

*Nutrition - More Than Just Food*

Roanoke Higher Education Center Room

? **October 2006 - TBA**

*(Who will plan this one?)*

? **December 2006 - (early) TBA**

*(Needs a planner.)*

? **April 25-26, 2006**

*Annual Program*

Hotel Roanoke & Conference Center

? BRC will partner with Carilion Center and have a combined CME-CEU program on Mild Cognitive Impairment (MCI). More information to follow. You can attend one or both days.

## **Celebrate National Gerontological Nurses Week October 1-8, 2006**

We all need to create a program in our schools and agencies.  
See enclosure.

## **Sabrina Reed Gerontological Nursing Award**

In September 2005, Sabrina Reed was killed by her husband in a domestic violence dispute. She was a BSN RN Graduate (2002) and an MSN gerontological nursing graduate (2005) at Radford University. I had the privilege of teaching this very humble and beautiful woman. Sabrina was a dialysis nurse at the VA Medical Center in Salem.

Plans are underway to award a BS RN undergraduate and graduate \$50.00 award and certificate to graduating RU students who have demonstrated excellence in gerontological nursing. A fund at BRC must be set up for this. Please remember that BRC is a tax deductible organization. Any one wishing to contribute, please send directly to:

BRC NGNA  
c/o Virginia Burggraf  
1102 Cedar Ridge Drive  
Radford, VA 24141

We will also need an awards committee to set the criteria for recipients of this award. The first awards are to be given in Spring 2007.

## PASSING THE GAVEL

On August 7, 2006, Martha Anderson and Virginia Burggraf will travel to San Francisco to meet with Priscilla Ebersole, PhD, RN, FAAN. Priscilla gave the first annual BRC program at the Hotel Roanoke & Conference Center in 2002. She is the past editor (15 years) of *Geriatric Nursing*, as well as respected author. Her text, *Toward Healthy Aging*, has been the premier text in schools of nursing for over 2 decades. She is literally passing on her files on 'Mental Fraility' to Martha. I am going for the ride, as Dr. Ebersole and I have been friends for over 20 years. What a wonderful occasion this will be! True mentoring. I will share the pictures in last August. Enclosed is a tribute to her written by Kathleen Buckwalter, PhD, RN, FAAN.



## MEMBERS IN THE NEWS

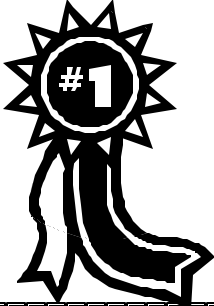


? Martha Anderson and Jill Bass are in a doctoral study at Case Western Reserve Frances Payne Bolton School of Nursing.

? Sarah Gilbert is employed at Warm Hearth and has received ANCC certification as a CNS in gerontological nursing. She is a geriatric case manager.

? Ginger Burggraf has received a \$245,000 HHS grant to develop a Comprehensive Geriatric Education Nursing Program which will encompass multiple programs over the next 3 years; 2006-2009.

**We hope to profile our members in upcoming editions. We may do this alphabetically. This is an excellent idea to not only identify ourselves but also to be used as a consultant by others. We should always be open to**



## AWARDS

BRC/NGNA would like to mimic the National Organization and develop awards for best practice, expert clinician and beginning researcher. We will need a committee to work on this. These will be given at the annual meeting.

## BRC PUBLICATIONS FOR SALE

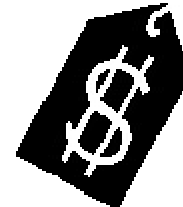
We have two publications for sale:

**Providing Care to Older Adults in Long-Term Care**  
**Promoting Independence Through Assisted Living**

The table of contents are enclosed. BRC/NGNA will update the articles every 2 years. The cost for each bound copy is \$20.00.

This includes postage and handling. Call or e-mail your address to 540-831-7714 or vburggraf2@radford.edu.

Send payment to BRC 1102 Cedar Ridge Dr.  
Radford, VA 24141.



## WEBSITES OF INTEREST

These sites have a great deal of information on them which can prove helpful in your clinical education or research identity.



[www.miaonline.org](http://www.miaonline.org)

[www.agingsociety.org](http://www.agingsociety.org)

[www.ncoa.org](http://www.ncoa.org)

[www.nrisngupenn.edu/centers/hcgne/links.htm](http://www.nrisngupenn.edu/centers/hcgne/links.htm)

[www.geronurseonline.org](http://www.geronurseonline.org)

[www.aarp.org](http://www.aarp.org)

[www.geron.org](http://www.geron.org)

[www.merck.com/healthinfor/aging/](http://www.merck.com/healthinfor/aging/)

[www.SeniorNavigator.com](http://www.SeniorNavigator.com)